



Eye of the Tiger Coaching Terms & Conditions

Health & Fitness Declaration

It is strongly recommended that you consult with your physician before beginning any exercise program. You should be in good physical condition and capable of participating in exercise activities. Matt Shorrock, trading as Eye of the Tiger Coaching, is not a licensed medical care provider and does not have expertise in diagnosing, examining, or treating medical conditions of any kind, nor in determining the effect of any specific exercise on a medical condition.

You should understand that participating in any exercise or exercise program carries the potential risk of physical injury. By engaging in these activities, you agree to do so at your own risk, voluntarily participate in these activities, assume all risks of injury to yourself, and agree to release and discharge Matt Shorrock, trading as Eye of the Tiger Coaching, from any and all claims or causes of action, known or unknown, arising out of any perceived negligence.

Minimum Training Terms

Direct Debit Clients: A minimum commitment of 6 weeks is required. Payments will be collected weekly for the duration of the agreement.

Invoice Clients: A minimum agreement of 6 weeks applies, with payments due as per the agreed invoicing schedule.

Multi-Session Package Clients: Packages are valid for 12 months from the date of purchase. Sessions must be used within this period, as no extensions or refunds will be granted.

Agreement Termination Policy

If you wish to terminate your training agreement, a minimum of one week's notice is required, along with a termination fee equal to one session payment.

Direct Debit Clients: An additional week's payment will be collected as the termination fee.

Invoice Clients: A termination fee equal to one session payment will be invoiced.

Multi-Session Package Clients: Any remaining sessions will be held for 3 months and can be used during that period. After 3 months, any unused sessions will expire. No refunds will be issued.



Session Cancellation Policy

You must cancel or reschedule any session at least 12 hours before your scheduled appointment. If you cancel less than 12 hours prior to your session, a cancellation fee equal to one session payment will be charged.

Direct Debit Clients: Your regular weekly payment will be collected as usual, with no refunds.

Invoice Clients: You will receive an invoice for the short-notice cancellation fee, equal to one session payment.

Multi-Session Package Clients: One session will be deducted from your remaining sessions.

If you do not show up for a scheduled appointment and fail to communicate within 30 minutes of the scheduled time, a no-show fee equal to the session payment will apply. Cancellations made more than 12 hours in advance via phone, text, or email will not incur a fee and can be rescheduled for a later, mutually agreeable date.

Failed Payment Policy

In the event of a failed direct debit payment, a one-time fee of \$5 will be charged.

Conflict of Interest Policy

Personal Training Services

By engaging in personal training services provided by Eye of the Tiger Coaching, clients acknowledge and agree that in the event their child is selected to participate in a representative team under the direct coaching of Matt Shorrock through the Central Coast Rebels, they will cease to be a client for strength and conditioning services. This policy ensures that there is no conflict of interest and that the integrity and fairness of both the representative program and personal training services are maintained.

Basketball Skills Academy

By enrolling in Iron Tigers Basketball Skills Academy, clients acknowledge and agree that in the event their child is selected to participate in a representative team under the direct coaching of Matt Shorrock through the Central Coast Rebels, they will cease to be a client of the academy. This policy is in place to avoid any potential conflict of interest and to ensure the integrity and fairness of both the representative program and the academy.



Pre-Trial Conflict Disclosure

If a client falls within an age group where Matt Shorrock is allocated as one of the coaches prior to representative trials, it will be necessary for Matt Shorrock to provide client names to Central Coast Rebels as potential conflicts of interest. This may result in Matt Shorrock waiving input into their selection for any team. This disclosure applies to both clients of the Iron Tigers Skills Academy and Eye of the Tiger Coaching.

Photo and Digital Consent

Eye of the Tiger Coaching may capture and reproduce photographic, video, and audio images of individuals for use on social media, promotional materials, and the website. These images are used to promote our services and activities and may be utilised for publicity, advertising, and other commercial or non-commercial purposes.

By agreeing to this policy, you consent to being photographed, video recorded, and/or audio recorded by Eye of the Tiger Coaching. You also grant permission for Eye of the Tiger Coaching to use and reproduce these images or recordings, with or without your name, for the purposes mentioned above.

You acknowledge that you will not receive any payment or compensation for being photographed, recorded, or for the use of these images in promotional materials or advertisements. You also release Eye of the Tiger Coaching, its officers, employees, and agents from any liability related to the use of these images. Additionally, you waive any right to review or approve the images before they are used or reproduced.

Acceptance of Terms

By agreeing to these terms, the Client confirms that they have read, understood, and accepted the full scope and terms of this agreement.